

NSEE CAFETERIA MENU 2020-2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Love me Tenders with Fries ----- Meal (no drink) - \$5 Meal + Milk & Cookie - \$6	Shepherd's Pie Healthy Side ----- Meal (no drink) - \$5 Meal + Milk & Cookie - \$6	Pancakes & Sausages With Fruit ----- Meal (no drink) - \$5 Meal + Milk & Cookie - \$6	Hamburger Macaroni with Health Side ----- Meal (no drink) - \$5 Meal + Milk & Cookie - \$6	Pizza, Milk & Cookie \$5 or Ham & Cheese Sub & Chips \$5
Week 2	Fries & Popcorn Chicken ----- Meal (no drink) - \$5 Meal + Milk & Cookie - \$6	Spaghetti Healthy Side ----- Meal (no drink) - \$5 Meal + Milk & Cookie - \$6	Potato Bowl Chicken, Potatoes, Corn & Gravy ----- Meal (no drink) - \$5 Meal + Milk & Cookie - \$6	Lasagna Healthy Side ----- Meal (no drink) - \$5 Meal + Milk & Cookie - \$6	Pizza, Milk & Cookie \$5 or Ham & Cheese Sub & Chips \$5
Grab n' Go	Garlic Fingers \$3 Drink Not Included	Chicken Ranch Wrap \$3 Drink Not Included	Quesadillas \$3 Drink Not Included	Sweet Chilli Chicken Wrap \$3 Drink Not Included	Chicken Ranch Wrap \$3 Drink Not Included

Revised September 2020

Extra Choices

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Water	\$1.00	Garden Salad	\$4.00	Tuna Sandwich	\$3.00
White & Chocolate Milk	\$0.75	Chef Salad	\$5.00	Assorted Whole Fruit	\$1.00
Grilled Cheese	\$3.00	Egg & Cheese on English Muffin	\$3.00	Veggies & Ranch	\$1.00
Egg Salad Sandwich	\$3.00	Chicken Salad Sandwich	\$4.00	Tortilla Chips	\$1.00
Wedges	\$3.00	Tuna Melt	\$3.00	Salsa	\$0.50
Hamburgers	\$4.00	Chicken Burgers	\$4.00		

HEALTHY SIDES – For the meals with a healthy side, you may select one of the following: salad or veggie cup

NSEE Snack List

MONDAY

Assorted Whole Fruits, Cheese String, Cookie, Chips, Veggies with Ranch, Nacho Chips, Salsa, Milk and Water

TUESDAY

Assorted Whole Fruit, Cheese String, Cookie, Muffin, Chips, Veggies with Ranch, Naco Chips, Salsa, Milk and Water

WEDNESDAY

Assorted Whole Fruits, Cheese String, Cookie, Rice Crispies, Chips Veggies with Ranch, Nacho Chips, Salsa, Milk and Water

THURSDAY

Assorted Whole Fruits, Cheese String, Cookie, Muffin, Chips, Veggies with Ranch, Nacho Chips, Salsa, Milk and Water

FRIDAY

Assorted Whole Fruits, Cheese String, Cookie, Chips, Veggies with Ranch, Nacho Chips, Salsa, Milk and Water

SNACK PRICE LIST

Cookies	\$1.00	Muffins	\$1.00
Chips	\$1.00	Whole Fruits	\$1.00
Rice Crispies	\$1.00	Cheese String	\$1.00
Veggies Alone	\$1.00	Ranch	\$0.50
Nacho Chips	\$1.00	Salsa	\$0.50
Milk	\$0.75	Water	\$1.00

NSEE Weekly Schedule

DATE	WEEK
September 14-18	Week 1
September 21-25	Week 2
September 28-Oct 2	Week 1
October	
October 5-9	Week 2
October 12-16	Week 1
October 19-23	Week 2
October 26-30	Week 1
November	
November 2-6	Week 2
November 9-13	Week 1
November 16-20	Week 2
November 23-27	Week 1
November 30-Dec 4	Week 2
December	
December 7-11	Week 1
December 14-18	Week 2

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