

# NSEE CAFETERIA MENU 2020

## UPDATED JANUARY-JUNE

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> \$5.00 Drink Not Included	Pizza or Garlic Fingers with a Healthy Side	Shepard's Pie Healthy Side	Pancakes & Sausages With Fruit	Potato Bowl (Chicken, Potatoes, Gravy)	Picnic Plate or Ham & Cheese Sub
<b>Week 2</b> \$5.00 Drink Not Included	Fries & Popcorn Chicken	Spaghetti Healthy Side	BBQ Chicken, Mashed Potatoes & Veggies	Lasagna Healthy Side	Picnic Plate or Ham & Cheese Sub
<b>Grab n' Go</b> \$3.00 Drink Not Included	Chicken Caesar Wrap	Chicken Ranch Wrap	Quesadillas	Sweet Chilli Chicken Wrap	Chicken Ranch Wrap

### Extra Choices

Water	\$1.00	Garden Salad	\$4.00	Tuna Sandwich	\$3.00
White & Chocolate Milk	\$0.75	Chef Salad	\$5.00	Assorted Cut Fruit	\$1.50
Grilled Cheese	\$3.00	Egg & Cheese on English Muffin	\$3.00	Assorted Whole Fruit	\$1.00
Egg Salad Sandwich	\$3.00	Chicken Salad Sandwich	\$4.00	Grapes & Cheese	\$2.50
Wedges	\$3.00	Tuna Melt	\$3.00	Veggies & Ranch	\$1.00
Hamburgers	\$4.00	Chicken Burgers	\$4.00	Tortilla Chips	\$1.00
				Salsa	\$0.50

**NSEE**  
Food Services Inc.

HEALTHY SIDES – For the meals with a Healthy Side – you may select one of the following: Caesar Salad, Fruit Cup or Veggie Cup

# Cafeteria Weekly Schedule 2020

DATE	WEEK
January 6-10	Week 1
January 13-17	Week 2
January 20-24	Week 1
January 27-31	Week 2
February 3-7	Week 1
February 10-14	Week 2
February 17-21	Week 1
February 24-28	Week 2
March 2-6	MARCH BREAK
March 9-13	Week 1
March 16-20	Week 2
March 23-27	Week 1
March 20-April 3	Week 2
April 6-10	Week 1
April 13-17	Week 2
April 20-24	Week 1
April 27-May1	Week 2
May 4-8	Week 1
May 11-15	Week 2
May 18-22	Week 1
May 25-29	Week 2
June 1-5	Week 1
June 8-12	Week 2
June 15-19	Week 1

