**Weeks 9 & 10 Writing Suggestion**

**Literacy Goal:** The province is recommending 45 minutes a day for Grade 6 literacy.

Please see below for our final writing suggestion for “Home Learning”. You can work on this both this week and next.

**Theme: Take Action! Become a Global Citizen**

There is nothing like a PANDEMIC to remind us of how closely we are all connected and how each of us can make a difference.

Introduction: **Being a Global Citizen starts with a healthy you!**

1. What are you doing to take care of you?

* Hygiene
* Nutrition
* Sleep
* Exercise

1. In your Journal, list some of your daily habits associated with each category in number 1 and how they benefit your personal wellbeing.
2. Describe how the following practices help support your emotional being.

* Mindfulness
* Exercise
* Journaling
* Social connection( Facebook)

**Becoming a Citizen of Your Community:** Citizenship is our responsibility as individuals to make a world a better place. We need to care about people, community and our world. (Remember what Becca Schofield did)

1. In your Journal answer the following questions:

* What makes a great community?
* What does your community need?
* What is your passion and how can it help your community?

1. Next, make a list of possible service projects or volunteer ideas that would benefit you community.

* Research passion projects.
* Make and create a collage of pictures and words that show what it takes to be a great citizen.

**Take Action**: Create a service project that includes a least one activity a week for one month.

Here are a few ideas to get you started:

* Write a kind letter to your neighbor and put it in the mailbox.
* Clean and rake your yard or neighbor’s yard.
* Post positive messages on the windows for your family to read.
* If you have your own ideas, please run with it!!

**Remember to record all of this in your Journal**