

Week 8 - Home learning for grades K to 6



No technology options	Technology Needed
<p>You decide today. Some of your choices might be</p> <ul style="list-style-type: none">• Biking• Walking• Jogging• Skipping• Fort Building• Yard Work• Trampoline• Create a scavenger hunt for a family member	<p>This week on Go Noodle, check out one of these cool songs.</p> <p style="text-align: center;"><u>Bye Bye Bye</u></p> <p style="text-align: center;"><u>Dabbing with Blazer Fresh</u></p>
<p>Check out this DAREBEE workout. It has level 1, 2 and 3 for an intense workout. Good luck. You can find the workout in the attachment called Mr. Grumpy.</p>	<p>Click on the link to try out some new games.</p> <p style="text-align: center;"><u>Let's try some planking games</u></p>
<p>Virtual Olympic Practice – Day 1. In the attachment called Field Packet 1, I would like you to practice at least 3 of the 5 activities on the sheet. I have attached a sample scoring sheet for you to record your scores. If you cannot print it, you can</p>	<p>How about a Cosmic kid's yoga adventure?</p> <p style="text-align: center;"><u>Marv the metal detective</u></p>

<p>make you own. The attachment is called Practice Plan Scoring.</p>	
<p>Check the attachment called Bottle Flip Tic Tac Toe. Read the instructions, then challenge a family member to a game.</p>	<p>Let's try something new. <u>Sock and spoon relay</u></p>
<p>Virtual Olympic Practice – Day 2. In the attachment called Field Packet 2, I would like you to practice at least 5 of the activities on the sheet. I have attached a sample scoring sheet for you to record your scores. If you cannot print it, you can make you own. The attachment is called Practice Plan Scoring.</p>	<p>Every Egg has a story! Check out the attachment called Every Egg has a story to discover the process or journey of how foods get to our table. What other processes do you know about?</p>
<p>Virtual Olympic Practice – Day 3. In the attachment called Field Packet 3, I would like you to practice at least 7 activities on the sheet. I have attached a sample scoring sheet for you to record your scores. If you cannot print it, you can make you own. The attachment is called Practice Plan Scoring.</p>	<p>Healthy Foods Placemat. Check out the Healthy Foods Placemat attachment for directions. You will be making a placemat using healthy foods. You can use the internet to come up with ideas of different foods to use on your placemat. Make a few placemats to use at a family meal.</p>