

## Week 7 - Home learning for grades K to 6



No technology options	Technology Needed
<p>Use the walking trail posters in this packet to create an at-home walking trail. You can make your trail indoors or outdoors. There are 5 walking trail signs to create 5 stations that you will visit on your Wonderful Walks.</p> <p>The attachment is called <b>Walking Trail Packet.</b></p>	<p>This week on Go Noodle, check out one of these cool songs.</p> <p><a href="#"><u>Wishy washy washer woman</u></a></p> <p style="text-align: center;">Or</p> <p><a href="#"><u>Weather The Storm</u></a></p>
<p>Check out this <b>DAREBEE</b> workout. It has level 1, 2 and 3 for an intense workout. Good luck. You can find the workout in the attachment called <b>Mr. Grumpy.</b></p>	<p>Just Dance fun For kids is always fun go to for activity.</p> <p><a href="#"><u>A pirate you shall be</u></a></p> <p style="text-align: center;">or</p> <p><a href="#"><u>Jump Up</u></a></p>
<p><b>Virtual Olympic Practice – Day 1.</b> In the attachment called <b>Field Packet 1</b>, I would like you to practice at least 3 of the 5 activities on the sheet. I have attached a sample scoring sheet for you to record your scores. If you cannot print it, you can</p>	<p>How about a <b>Cosmic kid’s yoga adventure</b>? Our latest yoga adventure is inspired by the brilliant Roald Dahl story, The Twits. We meet the Mugglewumps - a family of monkeys living in the garden of Mr. and Mrs. Twit and</p>

<p>make you own. The attachment is called <b>Practice Plan Scoring</b>.</p>	<p>hatch a plan for their urgent escape.</p> <p style="text-align: center;"><u><a href="#">The Twits</a></u></p>
<p>Check the attachment called <b>Bottle Flip Tic Tac Toe</b>. Read the instructions, then challenge a family member to a game.</p>	<p><b>Let's try something new.</b> Go online and find a game to practice your throwing skills. Teach this game to a family member.</p>
<p><b>Virtual Olympic Practice – Day 2.</b> In the attachment called <b>Field Packet 2</b>, I would like you to practice at least 3 of the 5 activities on the sheet. I have attached a sample scoring sheet for you to record your scores. If you cannot print it, you can make you own. The attachment is called <b>Practice Plan Scoring</b>.</p>	<p><b>Attitude Gratitude!</b> How can you practice gratitude each day? How can having gratitude help you to show empathy for others? Check out the attachment called <b>Gratitude Attitude</b>, to complete the exercise.</p>
<p><b>Virtual Olympic Practice – Day 3.</b> In the attachment called <b>Field Packet 3</b>, I would like you to practice at least 5 activities on the sheet. I have attached a sample scoring sheet for you to record your scores. If you cannot print it, you can make you own. The attachment is called <b>Practice Plan Scoring</b>.</p>	<p><b>Healthy Foods Bingo.</b> Check out the <b>Healthy Foods Bingo attachment</b> for directions. You will be making a bingo card using healthy foods. You can use the internet to come up with ideas of different foods to use on your Bingo Sheet. Make a few cards and have a family game of Bingo.</p>