



How:

Keep your body healthy

Show kindness to those around you

Say something positive each day to
someone different

Help those around you



To honour all creation
is to have respect

Respect

How:

Respect yours and others property

Have a positive attitude in class

Show respect to yourself, peers, and
staff

Care for your environment

Let nothing stand in
the way of doing what's
right



How:

Learning something new everyday

Be proud of your work

Speak at the front of the class

Do what is right

Honesty

It is better to fail with
honesty rather than
succeed with fraud

How:

Be honest about your work

Be yourself

Set realistic goals

Own your actions and words



How:

Celebrate everyone's accomplishments
equally

Ask for constructive feedback

Listen to others openly

Let yourself be humbled by the world

It is always easiest
to speak the truth



How:

Speak truthfully, but softly

Understand your limits

Be sincere in your actions and words

Use the truth to build healthy

relationships



How:

Help classmates who are struggling

Gain knowledge by asking questions

Be attentive during class

Share your knowledge by answering
questions