Week 2 – Home learning for grades 3 to 6

 

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| No technology options |  Technology Needed |
| Take turns humming songs and have others try to guess the name of the song. Be patient with everyone! | Try a dancing work out using **Go Noodle**.“**Can’t stop the feeling**”.<https://www.youtube.com/watch?v=KhfkYzUwYFk> |
| Make up a 15 min stretchingWorkout. Include as many parts of the body as you can. | How about some dancing options for a good work-out. Just Dance offers “**The freeze Game**”.<https://www.youtube.com/watch?v=0ebf3dGGdFg> |
| Check out my attached file,“**What is your name**?” to complete a full work out. Try first name, last name or both! | Try some **Cosmic Kids yoga** with Colonel Crockles.<https://www.youtube.com/watch?v=obzFP6eEGAg>  |
| Check out my attachment for the “**Alphabet Challenge**.” | **Zumba** – Give this electronic minion song a try. <https://www.youtube.com/watch?v=FP0wgVhUC9w> |